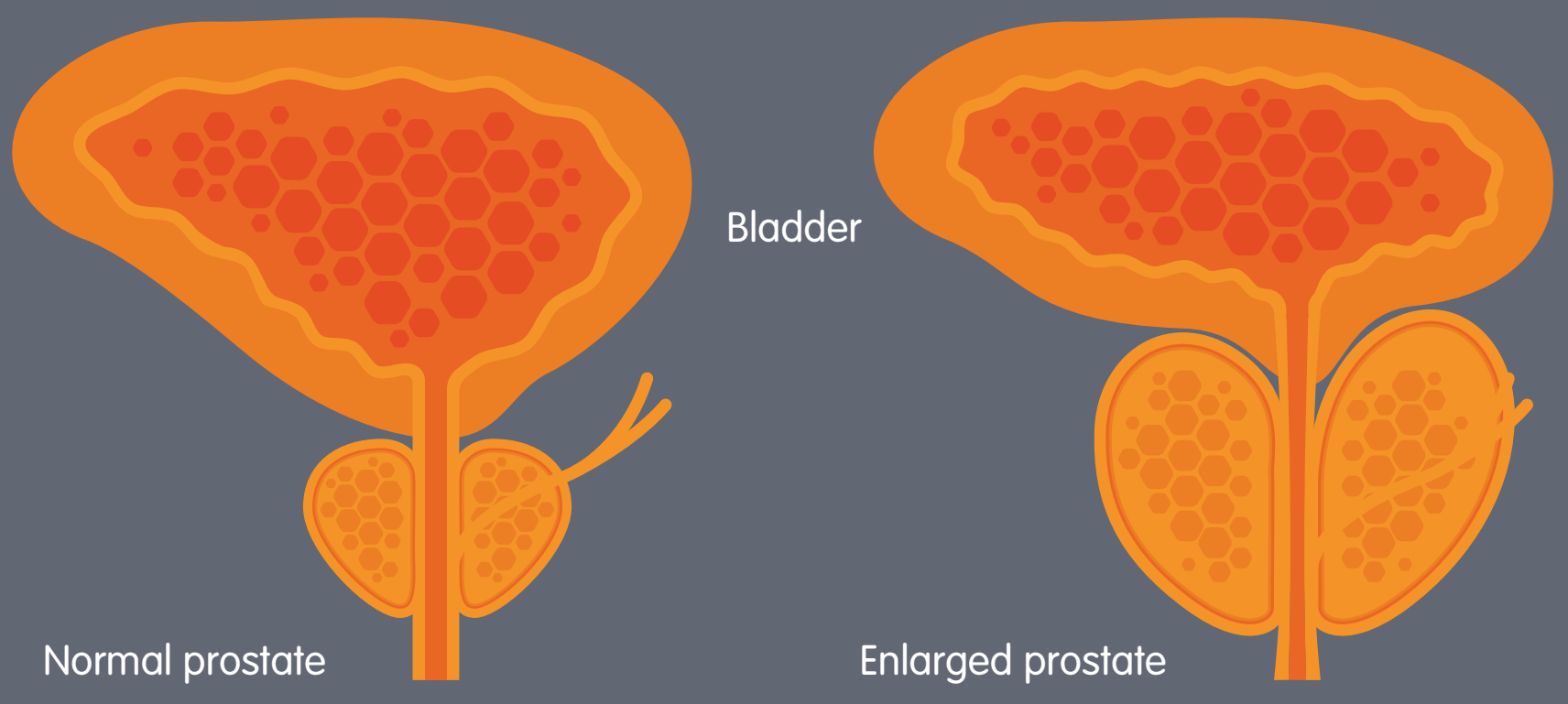


What is Benign Prostatic Enlargement (BPE)?

Benign Prostatic Enlargement (BPE), also referred to as BPH, is a noncancerous increase in size of the prostate gland that can obstruct the flow of the urine

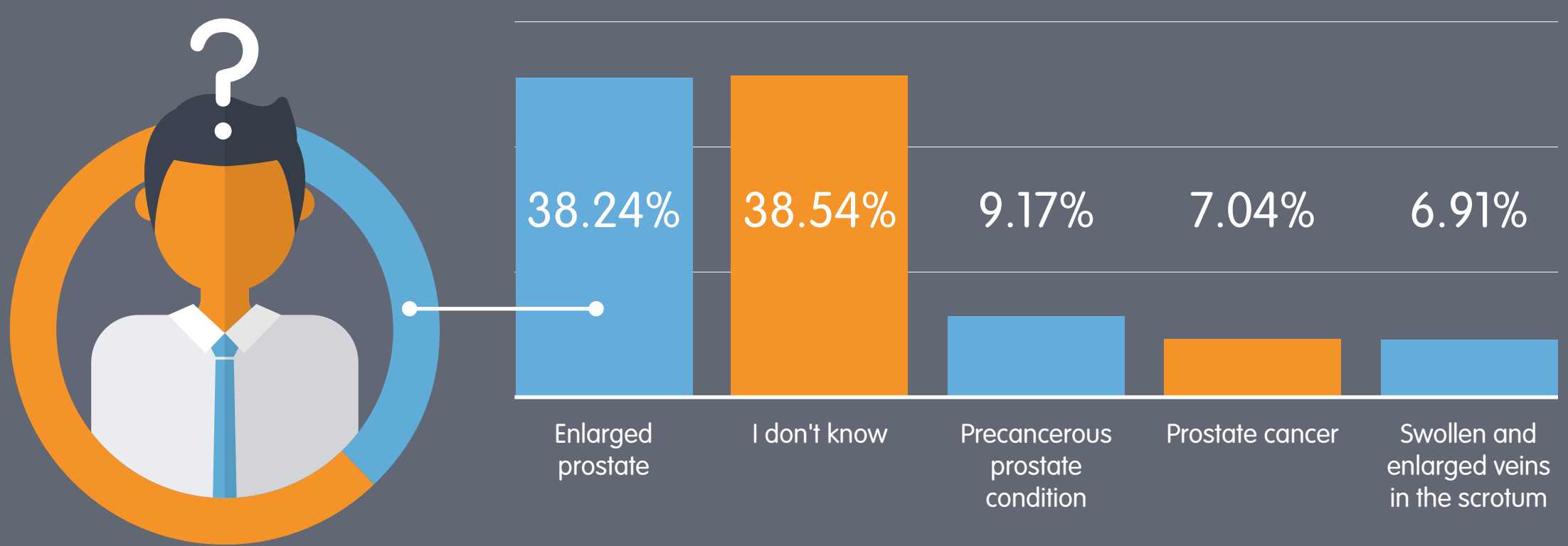
Symptoms include:

- frequent urination
- trouble starting to urinate
- weak urine flow
- inability to urinate
- loss of bladder control



Benign Prostatic Hyperplasia / Benign Prostatic Enlargement

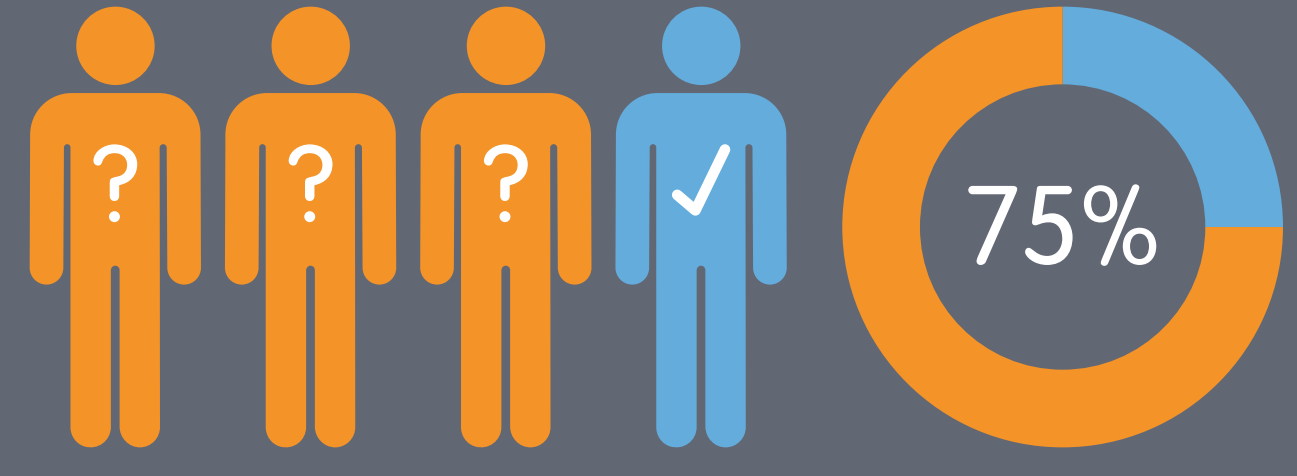
Despite common prevalence, awareness of BPH among men over 50 is low, with over 60% unaware of what the disease is.



What is the prostate's main function?

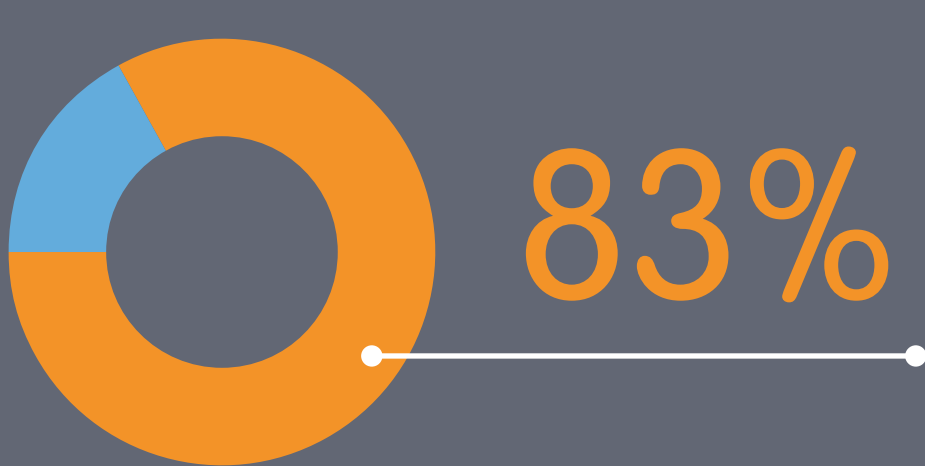


The main function of the prostate is to produce prostatic fluid to carry the sperm.

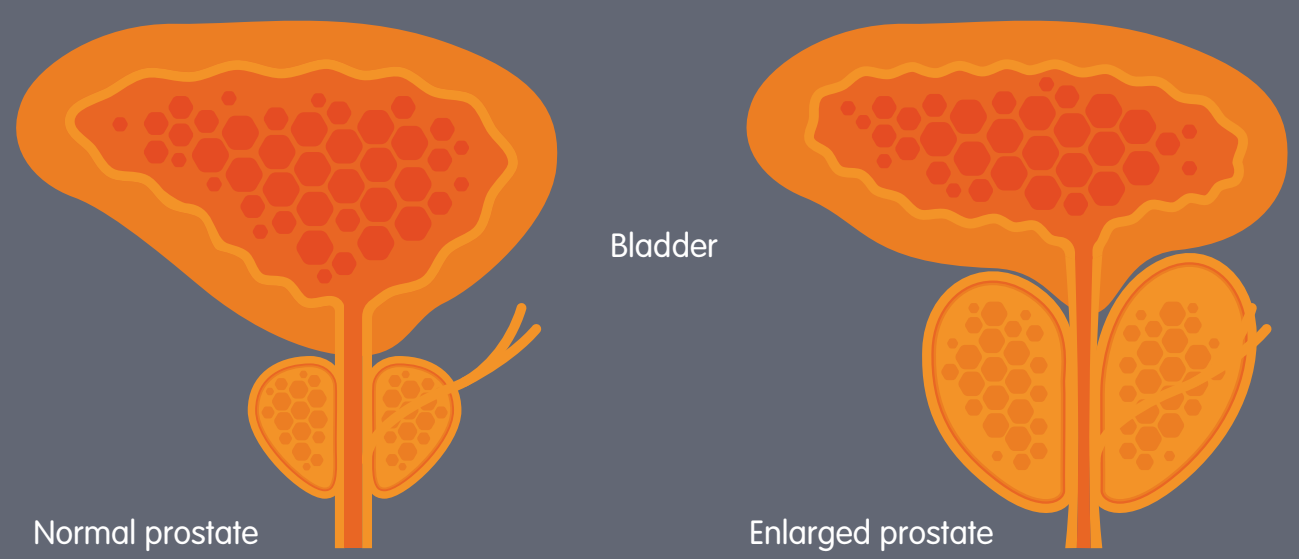


Three quarters of men over 50 DO NOT KNOW what the prostate's function is.

BPE symptoms shouldn't be part of the ageing process



83% of men accept BPE is a "normal sign of ageing" for men over the age of 40. Prostate growth is normal, but the related symptoms aren't.



Men should talk about BPE symptoms with their doctor to decide on the best way to manage their disease.

Symptoms related to BPE

BPE symptoms include:



Weak or interrupted stream



Feeling unsure when your bladder is empty



Feeling a sudden urge to urinate



Waking up several times a night to urinate

Treatments for BPE



Diet change



Medication



Minimally invasive surgery incl. laser therapy

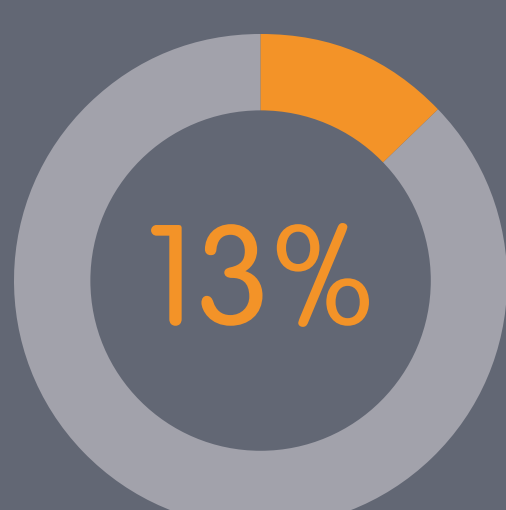


Open surgery with an incision in the lower abdomen

Experiencing BPE symptoms?

Talk to a urologist to find the best treatment for you.

Men reluctant to discuss symptoms of BPE



Just 13% of men would consult their family or partner when experiencing BPE symptoms.



Discussing with family members can relieve the stress burden from the patients' shoulders.

Evidence shows that women know more about men's health issues than men themselves do.